

Poonhill And Mulde Peak Sunrise Trekk

Discover the short venture trek to embrace exhilarating glimpses of the high mountains. Entire horizons will be revealed as you reach the Poonhill (3,210m) and Mulde Peak (3,637m). One of the most spectacular mountain experiences is to enjoy the dawn from top of the ridge. Witness radiance of sunrise that illuminate the silver mountains of the entire massif leave you mesmerize and appear like magical before our eyes.

Day - 2 Kathmandu

KATHMANDU SIGHTSEEING TOUR TO DURBAR SQUARE, SWAYAMBHUNATH, BOUDHANATH , PASHUPATINATH (B)

Kathmandu Durbar Square: We will start off visiting Kathmandu Durbar Square, also called Hanuman Dhoka Durbar, and used to be the residence of the Nepali royal family and administrators. This ancient site is situated in the traditional heart of Kathmandu that incorporates architecturally extraordinary complex of ancient palaces, temples, courtyards and shrines dating from the 15th to the 18th century. The most revered places of Kathmandu Durbar Square is the three-storied temple named Kumari Bahal. The structure is like a typical Newari Vihara. In this house lives Kumari, a girl who is respected as the living goddess. During the festival of Indra Jatra, the Kumari is paraded around the square in a custom-built gilded chariot and worshipped by the people.

The tallest temple of Kathmandu valley 'Taleju Bhawani' built in 1549 AD. This temple is deliberated to be the most outstanding work of art in the Durbar square and considered to be the royal goddess.

Jagannath temple built in 16th century is well-known for erotic carvings, and the Hanuman Dhoka (the royal palace) is situated in Kathmandu Durbar Square.

Kalbhairav is considered to be the destructor form of Lord Shiva. Built in the 17th century, this, 10 ft. high stone statue of terrifyingly portrayed Kal Bhairav is sited near Jagannath temple.

Temple of Shiva Parvati, rectangular in shape enshrines Nava Durga, a group of goddesses on the ground floor. It has a wooden image of Shiva and Parvati at the window of the upper floor looking out at passerby in Durbar Square.

Swayambhunath: You are then taken to Swayambhunath (monkey temple) which is the magnificent ancient religious architecture and center faith of Hinduism and Buddhism. Its lofty white dome and dazzling golden spire are visible from far and wide. Upon arriving at the top, you can hear the Buddhist songs "Om Mani Padme Hum" resound everywhere. The candles and the aromatic fragrance of incense that burns constantly create a serene vibe, and we can turn the enormous prayer wheels which encircle the stupa.

Boudhanath: Buddhist shrine of Boudhanath, one of the largest stupa in Nepal as well as the sacred Buddhist sites in Kathmandu. You will observe the monk chant in the prayer hall while people lighting butter lamps and reciting mantras. You can see the vibrant prayer flags tied to the stupa that conveys mantras and prayers into the universe while fluttering in the wind. Traditionally, prayer flags come in sets of five, one in each of five colors. The five colors signify the elements and the Five Pure Lights.

Pashupatinath: Further, we visit Pashupatinath temple, a Hindu shrine dedicated to Lord Shiva located On the bank of Bagmati River. You can see elaborately dressed holy men meditating outside the temple and pilgrims placing offerings at the shrines. You can also observe people performing the religious ritual and funeral pyres burn at open-air cremation.

Overnight: Kathmandu

Inclusions

- 3 nights in your chosen accommodation
- Teahouse accommodation during trekking
- Meal as specified in itinerary
(B = Breakfast, BR = Brunch, L = Lunch, D = Dinner)
- Activities and excursions according to itinerary

FOR EXAMPLE:

- Visit Jagannath Mandir the oldest temple in Kathmandu
- Visit Kumari Bahal, place of living goddess
- Visit Kal Bhairav, approx. 10 m high stone statue
- Visit Shiva Parvati Temple and Hanuman Dhoka
- Visit Swayambhunath temple
- Boudhanath, one of the largest stupa in Nepal
- Visit Pashupatinath, the temple dedicated to Lord Shiva

- Sightseeing tour in private coach
- Private transfer to/from trek point
- English speaking tour guide and trek guide, porter, assistant guide
- Trek permit & Annapurna Conservation Fee
- Staff insurance on trek
- Duffel bag

Exclusions

- International flights
- Meals other than mentioned in itinerary
- Tours and Excursions other than mentioned in itinerary
- Personal equipment
- Excess bag beyond 15 kilos including day pack
- Early check-in and late check-out at hotels
- Personal travel insurance
- Personal expenses and tips for driver/guides
- Visa fees