

## Bhutan I Bumdra Trek

The trek starts from the north of the valley and ends in North West of the valley ending with Tiger's nest, one of the holiest places in Bhutan

### Day - 8 Paro Valley

#### **BUMDRA – TAKTSANG PARO VALLEY (B, L, D)**

After a hearty breakfast in the jaw dropping landscape, it is time to either head straight back into the valley or linger a while soaking up the view and perhaps hang some prayer flags of our own. Eventually, you have to drop back into the ancient pine and rhododendron forest on the monks' zig zagging trail. After 1-2 hours of descent, you can catch glimpses of the golden roofs of temples below and soon come upon the first of many on your way back from the wilds. The path snakes across the mountainside between the monasteries and temples before reaching the gardens of Zangdopelri (Heaven on Earth) from which you can bravely peer over edge and straight down onto the ornate roofs Taktsang in the cliff far below. An hour later and you are at the gates of Taktsang looking across the gorge a steep descent to a waterfall then ascent on steps and you are passing into the Tiger's Nest itself. Retracing your steps, begin the final descent of about 45 minutes to reach your vehicle and drive back to the hotel, not forgetting to stop on the other side of the valley and look back at what you have achieved.

**Distance:** 15 km, **Duration:** 6 hours,

**Overnight:** Paro

### Inclusions

- 8 nights in your chosen accommodation
- Meal as specified in itinerary  
(B = Breakfast, BR = Brunch, L = Lunch, D = Dinner)
- Activities and excursions according to itinerary  
FOR EXAMPLE:  
Visit Tachhogang Bridge  
- CityTour of Thimphu incl. visits of Takin Zoo, Zilukha Nunnery, Tashichhodzong Fortress, Memorial Temple, Buddha Statue, Changangkha Temple, Simply Buddha, Zorig Chosum, Roal Textile Academy, Craft Bazaar  
- Visit Chimmi Temple & Punakha Dzong  
- Visit the National Museum, Paro Fortress & Kyichu Temple  
- 2-day hiking Trip  
- Camping Services like horses/ potters & ponies, toilet & shower tents, Cooks, staff, etc.
- Tours and excursions in mini buses/buses  
or with public transportation according to itinerary
- English speaking tour guide
- Admission fees according to itinerary

### Exclusions

- International flights
- Meals other than mentioned in itinerary
- Tours and Excursions other than mentioned in itinerary
- Early check-in and late check-out at hotels
- Personal travel insurance
- Personal expenses and tips for driver/guides
- Visa fees