

Highlights Of The Northwest

Experience and appreciate Malaysia's bounty of wonderful and unique sights and experiences filled with adventures like White Water Rafting or walking through Rainforest

Day - 4 Ipoh

OVERLAND CAMERON HIGHLANDS - GOPENG (CAVING AND WHITE WATER RAFTING) - IPOH (145 KM) (B, L)

After breakfast you leave the **Cameron Highlands for Ipoh** on your way you **visit Tempurung Cave**. This is a great experience as its **dome ceiling resembles a coconut shell (thus the name Gua Tempurung - gua means cave and tempurung means coconut shell in Bahasa Malaysia)**. Take a stroll through the cave and encounter **many interesting and beautiful rock** formations. The limestone caves were formed some **400 million years ago**.

After this amazing cave experience you head towards a splashing time in the river near Kampar. You wouldn't want to miss taking this **memorable adventure through the rainforest**. We **white water raft along the cool, clear river with cascading rapids that's suitable for first-time and novice rafters**.

Overnight: **Ipoh**

Inclusions

- 8 nights in your chosen accomodation
- Meal as specified in itinerary
(B = Breakfast, L = Lunch, D = Dinner)
- Activities and excursions according to itinerary
- Tours and excursions in mini buses/buses
or with public transportation according to itinerary
- English speaking tour guide
- Admission fees according to itinerary

Exclusions

- International flights
- Meals other than mentioned in itinerary
- Tours and Excursions other than mentioned in itinerary
- Early check-in and late check-out at hotels
- Personal travel insurance
- Personal expenses and tips for driver/guides
- Visa fees