

Bali I Wellness

Enjoy a special, relaxing 4 days trip to Bali and focus entirely on yourself.

Day - 3 Bali

MINDFULNESS MEDITATION - BALINESE TRADITIONAL HEALING MASSAGE (B)

Based on your **arrangement** with the **expert yoga instructor**, the **Mindfulness Meditation** is held to sharpen your **mind** and to **relieve stress** that gives you a **new perspective** of life from the **spiritual side**. It will be another **afternoon** to **enjoy** the **tranquillity** of the **natural** environment of the **hotel** and you can get a **Balinese traditional healing** massage in the late afternoon to **refresh** your **body** and **mind**.

Overnight: Bali

Inclusions

- 3 nights in your chosen accommodation
- Meal as specified in itinerary
(B = Breakfast, L = Lunch, D = Dinner)
- Activities and excursions according to itinerary
- Tours and excursions in mini buses/buses
or with public transportation according to itinerary
- English speaking tour guide
- Admission fees according to itinerary

Exclusions

- International flights
- Meals other than mentioned in itinerary
- Tours and Excursions other than mentioned in itinerary
- Early check-in and late check-out at hotels
- Personal travel insurance
- Personal expenses and tips for driver/guides
- Visa fees